Ballard R-2 School Lunch Menu

October 2014



"The USDA	is an Equal	Opportunity
Provider an	nd Employer"	ı

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Choc. Fat Free Milk, 1% White Milk & Skim Milk Served Daily			Hamburger w/ Onions /Mushrooms Mashed Potatoes Green Beans Apple Bread	Cheeseburger Mac. Sliced Carrots Peaches Garlic Toast	Grilled Chicken Sand Lettuce/Tomato Potato Wedges Peas Mixed Fruit	
5	6 Pizza Leafy Salad Apple Salad Brownie	Deli Turkey Sand. w/lettuce/Tomato Chips Applesauce Cookie	8 Ham Slice Baked Potato w/Butter/Sour Cream Green Beans Peaches Bread	Chicken Quesadilla Chips & Salsa Refried Beans Corn Mandarin Oranges	10 Chicken Patty on Bun Lettuce/Tomato Tater Tots Veggies w/ Dip Strawberry Cups	11
12	Hamburger on Bun French Fries Banana Peanut Butter Brownie	14 Nacho Deluxe Corn Mixed Fruit Sherbet	15 Chicken & Noodles Mashed Potatoes Green Beans Pineapple Roll	Sloppy Joe Mac/Cheese Sliced Carrots Pear	Corn Dog Chips & Salsa Applesauce Crispy Treat	18
19	20 Grilled Chicken Salad Snack Crackers Pineapple Peanut Butter Cookie	21 Meat Ball Sub Potato Wedges Broccoli w/Cheese Apple	22 Burrito Lettuce/Tomato Refried Beans Corn Chips & Salsa Jell-O w/Fruit	23 Chicken Nuggets Mashed Potatoes Sliced Carrots Peaches Bread	Hot Ham & Cheese Tater Tots Green Beans Pear	25
	27 Rib-B-Q on Bun Baked Beans Pickle Spear Peaches No Bake Cookie	Pizza Casserole Sliced Carrots Pineapple Roll	Pizza Green Beans Pear Iced Graham Cracker	Hot Dog French Fries Candy Corn Cake Orange Pumpkins	31 Sack Lunch	